



APPENDIX AVAILABLE ON REQUEST

Research Report 160 Personal and Ambient Exposures to Air Toxics in Camden, New Jersey

Paul J. Liroy et al.

Appendix E. TIME DIARY & ACTIVITY LOG

Note: Appendices Available on the Web appear in a different order than in the original Investigators' Report. HEI has not changed these documents. Appendices were relettered as follows:

Appendix E was originally Appendix III

Correspondence may be addressed to Dr. Paul J. Liroy, Environmental and Occupational Health Sciences Institute, Piscataway, New Jersey 08854

Although this document was produced with partial funding by the United States Environmental Protection Agency under Assistance Award CR-83234701 to the Health Effects Institute, it has not been subjected to the Agency's peer and administrative review and therefore may not necessarily reflect the views of the Agency, and no official endorsement by it should be inferred. The contents of this document also have not been reviewed by private party institutions, including those that support the Health Effects Institute; therefore, it may not reflect the views or policies of these parties, and no endorsement by them should be inferred.

This document was reviewed by the HEI Health Review Committee but did not undergo the HEI scientific editing and production process.

TIME DIARY & ACTIVITY LOG

**FOR HEI STUDY OF “PERSONAL AND
AMBIENT EXPOSURES TO AIR TOXICS IN
CAMDEN, NEW JERSEY”**

November, 2005

This instrument is based in part on the NHEXAS and RIOPA Questionnaires.

TIME DIARY AND ACTIVITY LOG

Subject ID: _____ Name of Participant: _____

Completed by: _____ (if other than participant)

Relation to Participant _____

Home Phone: _____

Work Phone: _____

Street Address: _____ Apt/Space # _____

City/State: _____ Zip Code: _____

Field technician Name/Initial: _____ Date Completed: _____

INSTRUCTIONS FOR RECORDING YOUR ACTIVITY LOG

1. You may fill in the activity log at your convenience; however, recording your activities several times during the day may be more accurate. Draw a line through the hours in the log to indicate time spent in each location.
2. Indoor locations in the category of “other” are places such as supermarkets, the mall, the movie theater, houses of relatives and friends, etc.
3. Outdoor locations include all those places where you are breathing outside air, e.g., the yard of your house, walking from place to place outdoors, etc.
4. The neighborhood is any place that you could easily walk to within 10 minutes.
5. “In vehicle” refers to whenever you are inside your or someone else’s car or a public transportation vehicle. It is important to note if the vehicle has the windows opened or closed.
6. You may write any activity or event you observed, which you think could be important, in the comments section, e.g., you are in a place where people are smoking, you have cooked the family meal using the barbecue.

ID: _____ Name: _____ Date: _____ Start Time: _____ End Time: _____

Activity Log							
Time (hours)	Indoors			Outdoors		In Vehicle	
	home	School Or work	Other	In Neighborhood	Out of Neighborhood	With open windows	With closed windows
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							
11 pm							
12 am							
1 am							
2 am							
3 am							
4 am							
5 am							
6 am							
7 am							
8 am							
9 am-next day							
10 am-next day							
11 am next day							
12 pm next day							
1 pm next day							

If less than half an hour, please record the time below, eg. School/work: 10:00 am to 10:30am.

Home _____

School/work _____

Other _____

Out of neighborhood _____

In neighborhood _____

With open windows _____

With closed windows _____