



# Swiss TPH



Accounting for mobility in long-term exposure estimates of air pollution – does it matter?

Kees de Hoogh

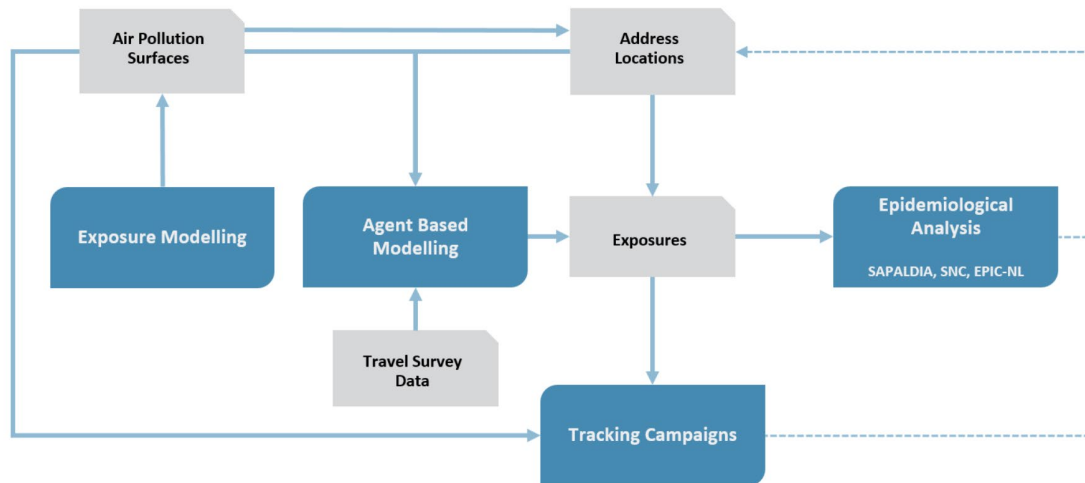


# Why?

- Large scale epidemiological studies investigating **long-term** health effects of air pollution can typically only consider the residential locations of the participants, thereby ignoring the space-time activity patterns that likely influence total exposure.
- People are mobile and can be exposed to considerably different levels of air pollution or air pollution mixtures when inside vs. outside, commuting, recreating, or working.
- Neglecting these aspects in exposure assessment may lead to incorrect distributions of exposure over the population, which may lead to biased exposure health relations in epidemiological studies.

# How?

- Development of novel traffic related air pollution exposure models incorporating population dynamics
- Conduct tracking campaigns to evaluate exposure models
- Apply exposure models to Swiss and Dutch populations to study long-term exposure to air pollution and health effects



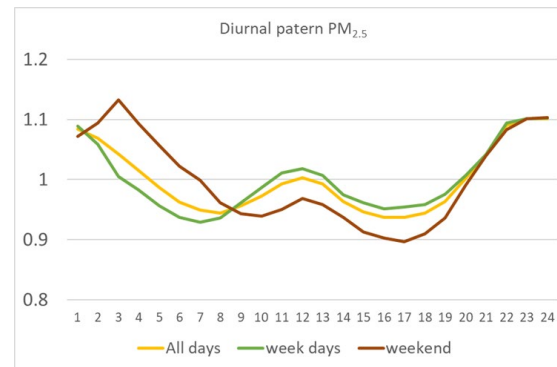
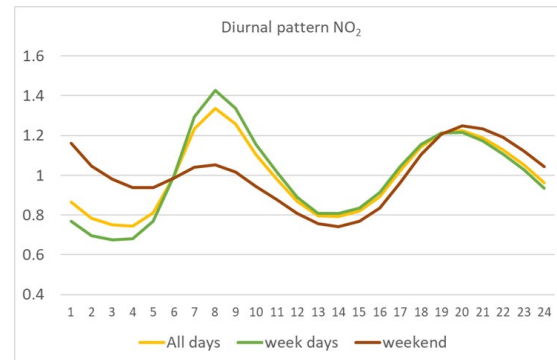
# Exposure modelling

- Developed long-term hourly  $\text{NO}_2$  and  $\text{PM}_{2.5}$  surfaces for week days and weekend days
- In Switzerland by rescaling annual average  $\text{PM}_{2.5}$  and  $\text{NO}_2$  surfaces based on background monitoring stations
- In the Netherlands by developing long-term hourly  $\text{NO}_2$  and  $\text{PM}_{2.5}$  LUR models based on hourly routine monitoring data

$\text{NO}_2$  ( $\mu\text{g}/\text{m}^3$ ) for Amsterdam  
Hours 8, 12, 17 and 23 (Ndiaye, 2024)

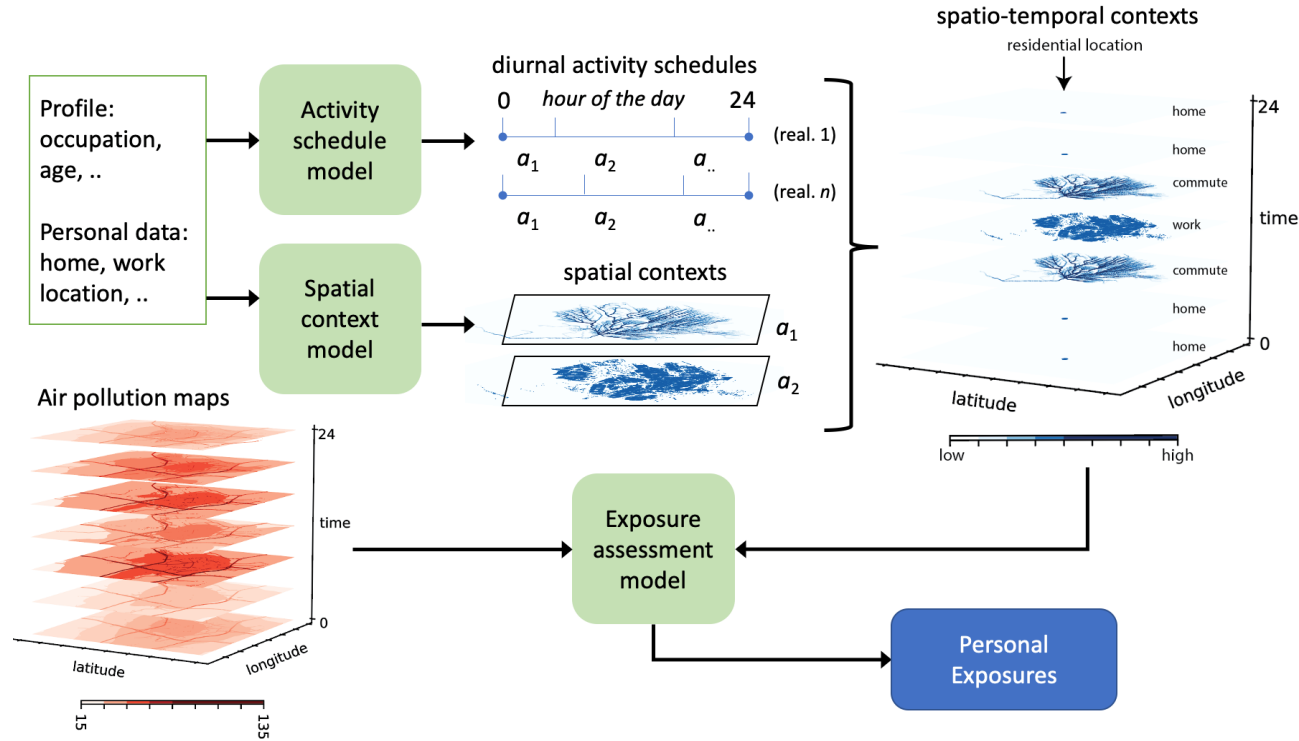


Diurnal patterns  
using Swiss  
background site  
locations (2016)  
(factors)

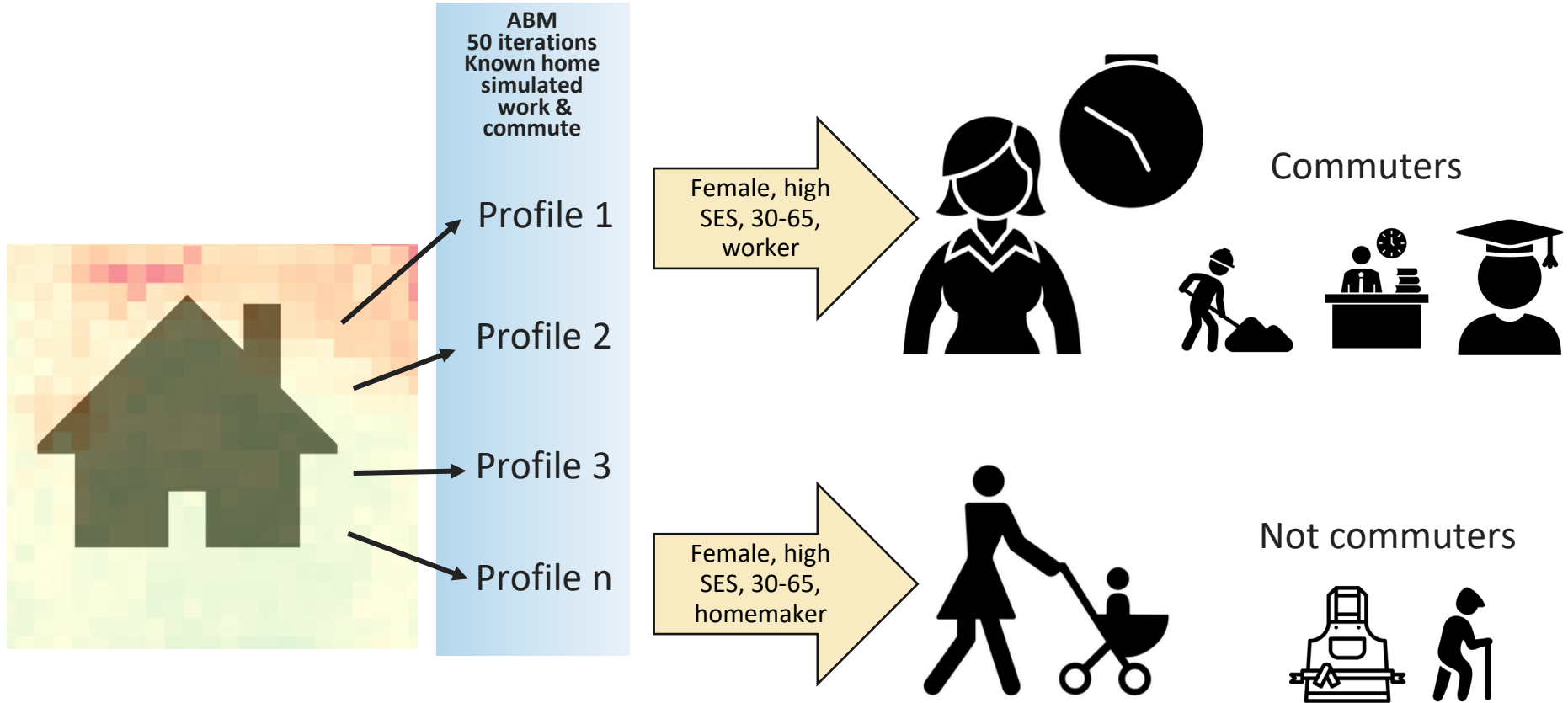


[10.1016/j.envres.2024.119233](https://doi.org/10.1016/j.envres.2024.119233)

# Agent based modelling



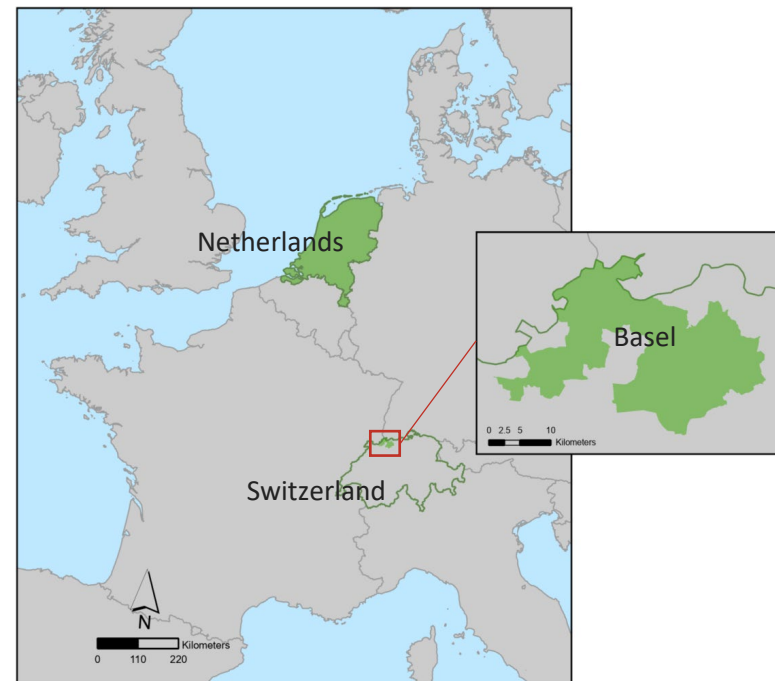
# ABM to Mobility Enhanced Exposure



# Tracking Campaign

## Demographics Switzerland & Netherlands

		CH *	NL
N		489	189
Sex	Male	195	84
	Female	293	103
	Other	1	2
Age	18-40	90	55
	40-60	268	71
	>60	131	63
Annual Income	Low (<36'000 CHF / <25'000€)	22	18
	Middle (36'-72'000/ 25'-50'000€)	86	44
	High (> 72'000 CHF / >50'000€)	348	100
	No answer	33	27
Education Level	Primary education	5	1
	Vocational education	120	17
	Secondary education	34	14
	Tertiary education	336	157
Employment	Fulltime	291	97
	Part time / Irregular	116	37
	Homemaker / Not Working	27	16
	Retired	44	36
	Other / No Answer	11	4



\*Recruited from the COVCO-Basel cohort



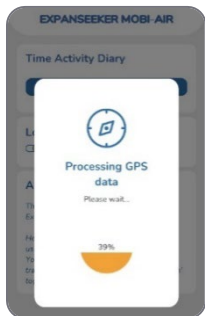
# Tracking Devices

## SODAQ Tracker



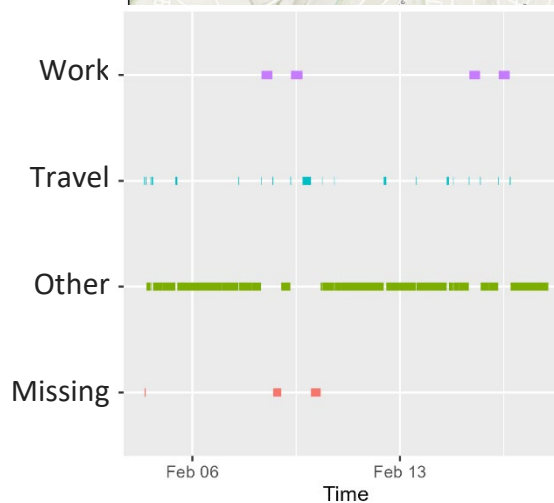
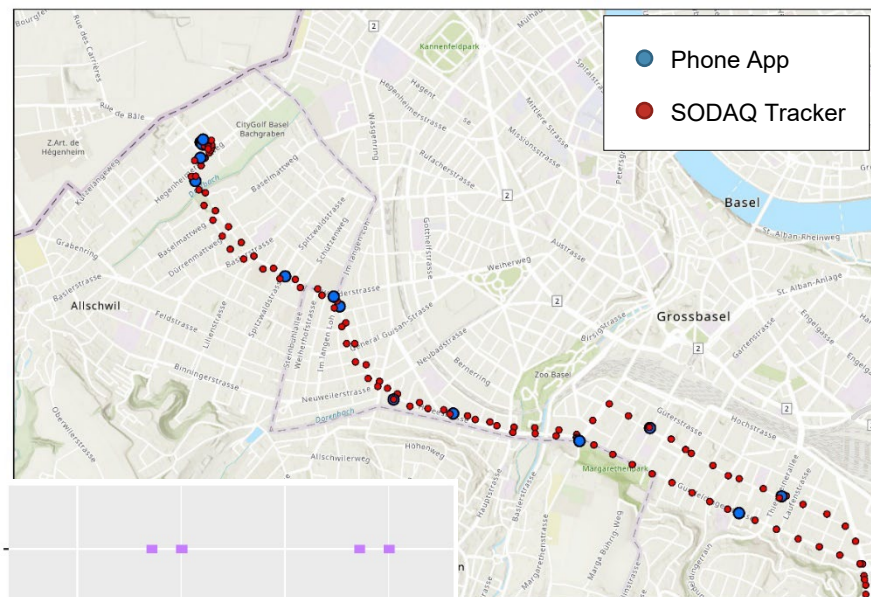
Sampling Rate:  
In motion every  
20 seconds,  
stationary every 5  
Minutes

## Phone App



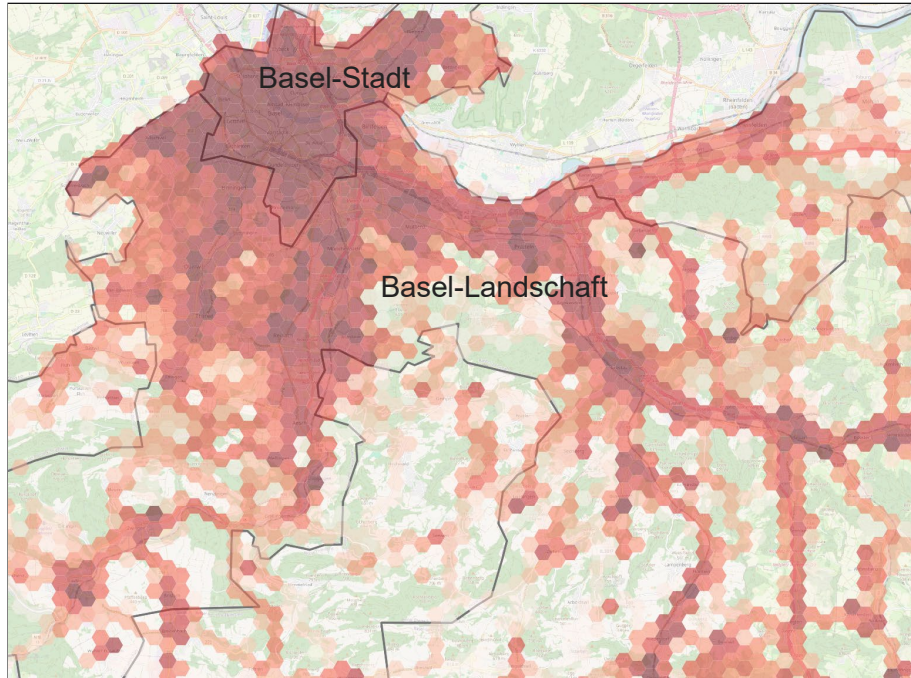
Sampling Rate:  
Every 3-4 Minutes

Plus: Time-Activity  
Diary

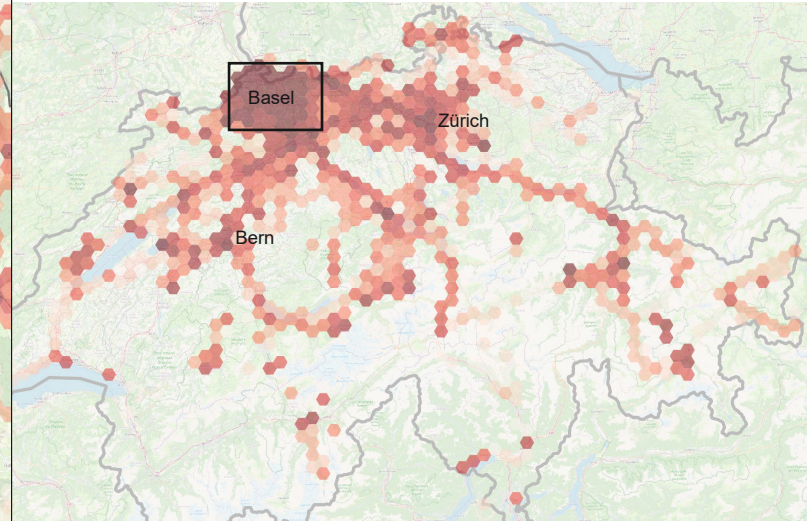




# Heat map Tracking data – all GPS points



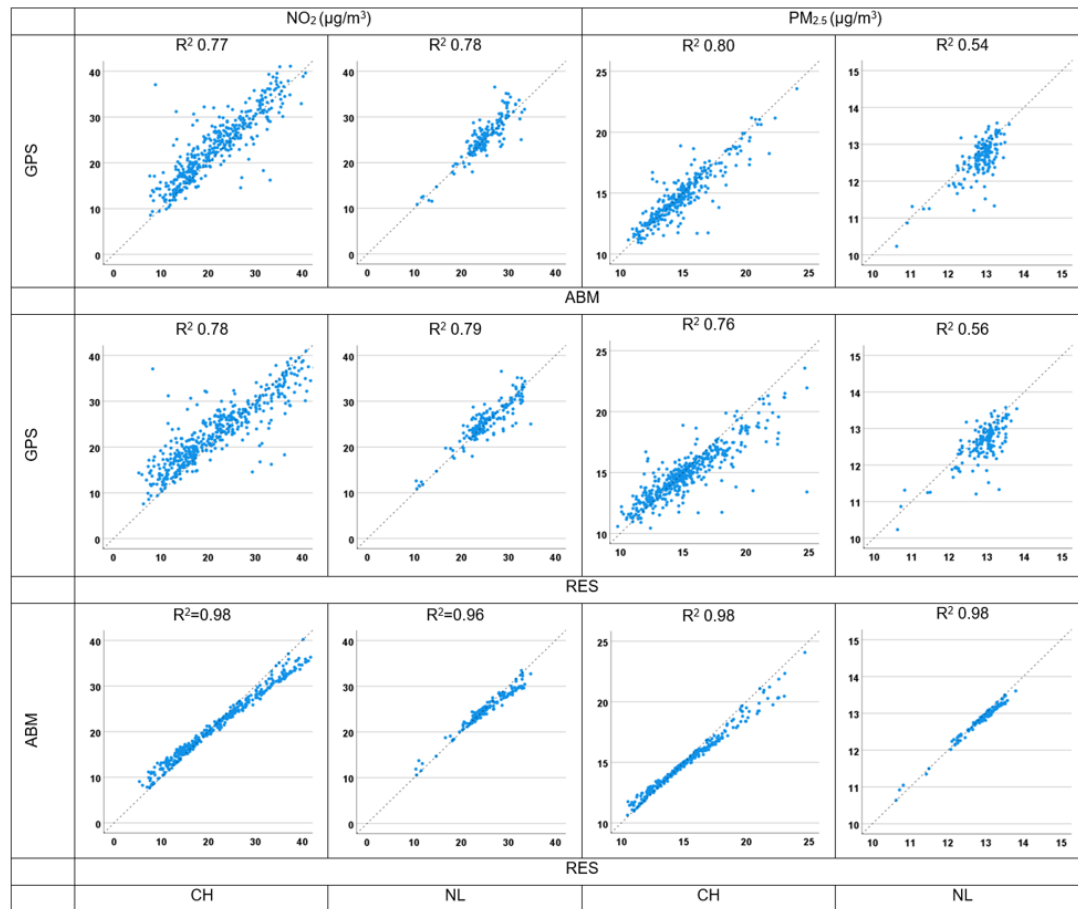
Hexagon: 500m



Hexagon: 5km

# Comparison exposures

- Relationship between exposures for the Swiss and Dutch participants  $\text{NO}_2$  and  $\text{PM}_{2.5}$  exposures based on:
  - tracking data (GPS)
  - ABM mobility enhanced (ABM)
  - residential location only (RES)



# Published epidemiological findings



- Very high correlation mobility-integrated and residential exposure for both pollutants and cohorts ( $R^2 > 0.97$ ).
- Only small differences in effect estimates between residential-only and mobility-enhanced exposure.
- Findings support that assessment of long-term air pollution exposure at the residential address only may not lead to substantial bias and loss of precision in health effects estimates



Full length article

Associations between long-term air pollution exposure and mortality and cardiovascular morbidity: A comparison of mobility-integrated and residential-only exposure assessment

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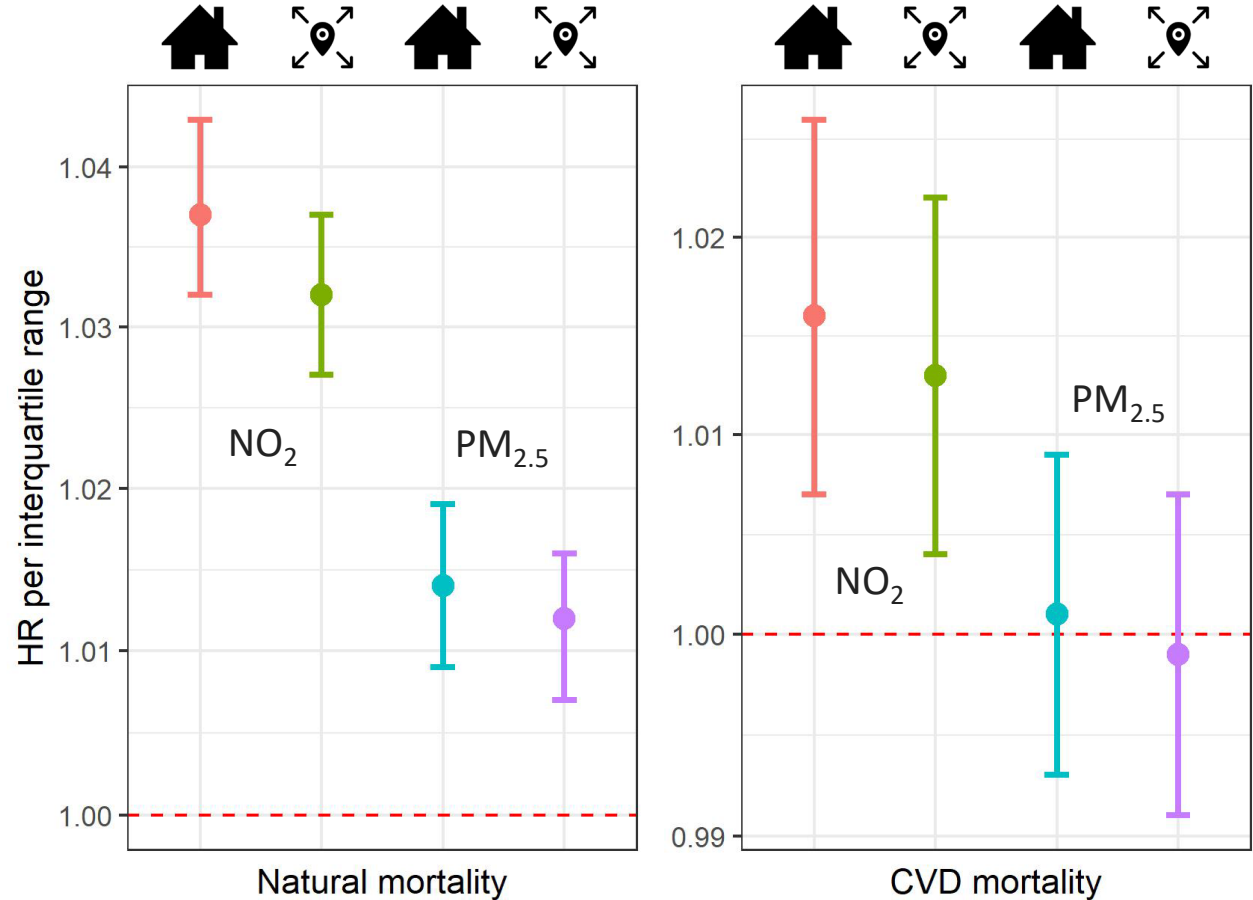
# Swiss example

## Swiss National Cohort

- HRs for natural and CVD mortality per interquartile range (IQR) increase in  $\text{NO}_2$  and  $\text{PM}_{2.5}$

- for

 Residential  
 Mobility-enhanced exposure



# Conclusions / Lessons learned

- Tracking campaign with a mobile phone only is possible
- There is a very high correlation between tracking campaign and ABM exposures
- Correlations between residential and mobility-enhanced exposures are very high
- In SAPALDIA, SNC and EPIC-NL no differences were found in health effect estimates between residential only and mobility-enhanced exposures
- Results suggest that by not including mobility + work location in exposure assessment does not lead to substantial bias in long-term air pollution health studies

# The MOBI-AIR Team



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