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Epidemiology  
Unit



UNIVERSITY OF  
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# Best Practices towards Clean Air

## *A Catalogue of Urban Transportation Policies to Reduce Traffic-Related Emissions and Air Pollution*

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# Motivation

- Urban areas and cities are undertaking several “policies”, “actions”, “measures”, “strategies” and “practices” (“policy interventions”) to reduce emissions, air pollution, exposure, and negative health impacts
- Number of available options increasing + technologies emerging → **Evidence base is large**



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## Urban policy interventions to reduce traffic emissions and traffic-related air pollution: Protocol for a systematic evidence map

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### ARTICLE INFO

Handling Editor: Paul Whaley

#### Keywords:

Urban  
City  
Policy  
Intervention  
Emissions  
Traffic-related air pollution  
Health

### ABSTRACT

**Introduction:** Cities are the world's engines of economic growth, innovation, and social change, but they are also hot spots for human exposure to air pollution, mainly originating from road traffic. As the urban population continues to grow, a greater quantity of people risk exposure to traffic-related air pollution (TRAP), and therefore also risk adverse health effects. In many cities, there is scope for further improvement in air quality through targeted urban policy interventions. The objective of this protocol is to detail the methods that will be used for a systematic evidence map (SEM) which will identify and characterize the evidence on policy interventions that can be implemented at the urban-level to reduce traffic emissions and/or TRAP from on-road mobile sources, thus reducing human exposures and adverse health impacts.

**Methods:** Articles will be searched for and selected based on a predetermined search strategy and eligibility criteria. A variety of databases will be searched for relevant articles published in English between January 1, 2000 and June 1, 2020 to encompass the interdisciplinary nature of this SEM, and articles will be stored and screened using Rayyan QCR. Predetermined study characteristics will be extracted and coded from included studies in a Microsoft Excel sheet, which will serve as an open access, interactive database, and two authors will review the coded data for consistency. The database will be queryable, and various interactive charts, graphs, and maps will be created using Tableau Public for data visualization. The results of the evidence mapping will be detailed via narrative summary.

**Conclusion:** This protocol serves to increase transparency of the SEM methods and provides an example for researchers pursuing future SEMs.



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## Systematic Evidence Map

## Urban policy interventions to reduce traffic-related emissions and air pollution: A systematic evidence map

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Exposure  
Health  
Climate  
Co-Benefits

### ABSTRACT

**Background:** Urban areas are hot spots for human exposure to air pollution, which originates in large part from traffic. As the urban population continues to grow, a greater number of people risk exposure to traffic-related air pollution (TRAP) and its adverse, costly health effects. In many cities, there is a need and scope for air quality improvements through targeted policy interventions, which continue to grow including rapidly changing technologies.

**Objective:** This systematic evidence map (SEM) examines and characterizes peer-reviewed evidence on urban-level policy interventions aimed at reducing traffic emissions and/or TRAP from on-road mobile sources, thus potentially reducing human exposures and adverse health effects and producing various co-benefits.

**Methods:** This SEM follows a previously peer-reviewed and published protocol with minor deviations, explicitly outlined here. Articles indexed in Public Affairs Index, TRID, Medline and Embase were searched, limited to English, published between January 1, 2000, and June 1, 2020. Covidence was used to screen articles based on previously developed eligibility criteria. Data for included articles was extracted and manually documented into an Excel database. Data visualizations were created in Tableau.

**Results:** We identified 7528 unique articles from database searches and included 376 unique articles in the final SEM. There were 58 unique policy interventions, and a total of 1,139 unique policy scenarios, comprising these



# Research aims

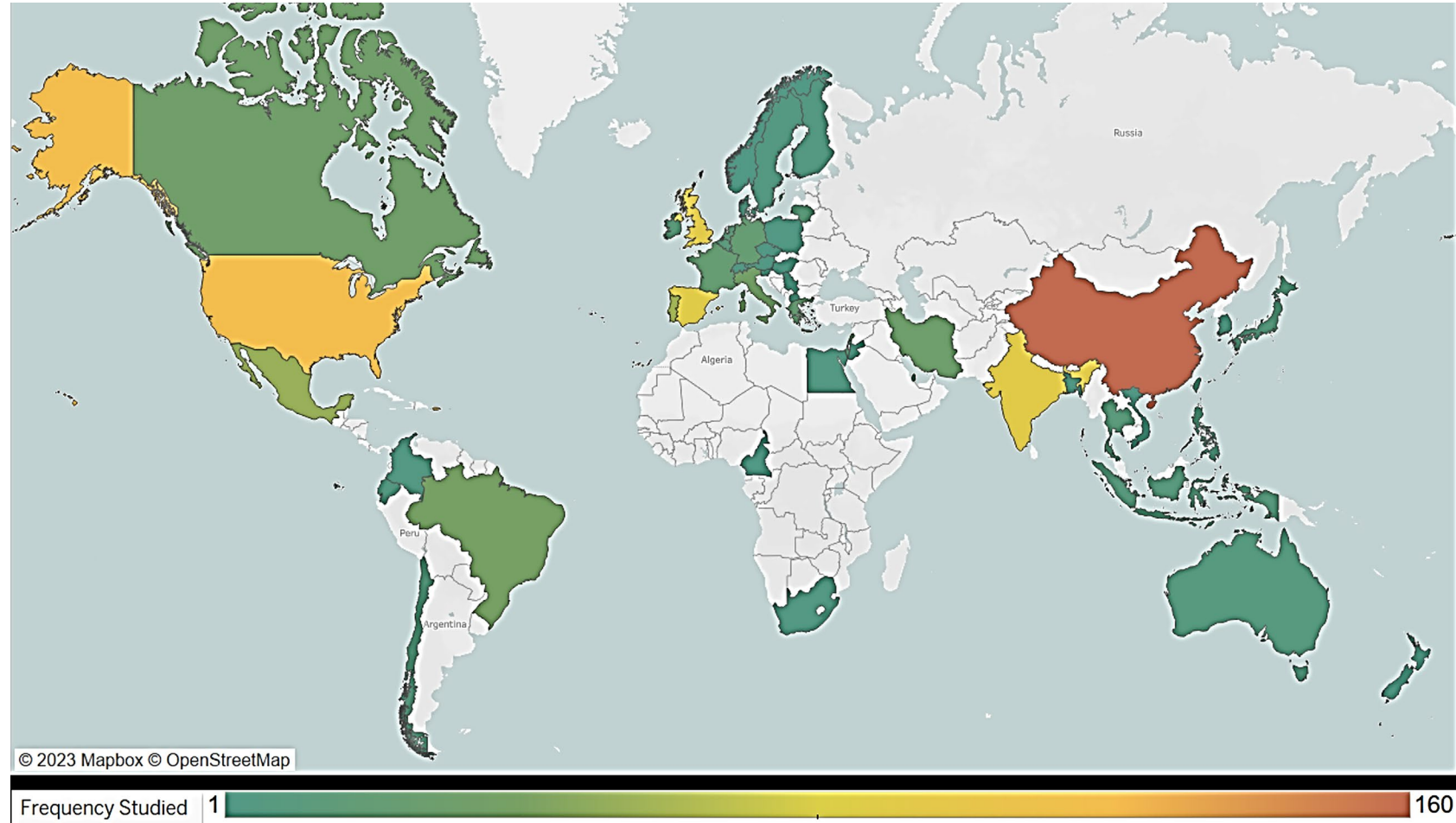
- Identify and summarize global evidence on urban policy interventions to reduce traffic emissions and/or TRAP
- Recorded direction of impact reported (**Increase**, **Reduction**, **No Change**, **Mixed Effect**)
- Secondary outcomes
  - Human exposure, Health effect or impact, Co-benefits, Barriers and enablers to implementation



# Results

*January 1, 2000, and June 1, 2020*

- 1,139 unique policy intervention scenarios
- From 376 peer-reviewed articles
- 307 unique urban/urbanized locations
- Most policies studied in Europe (463), Asia (355), North America (206)
- Least in South America (57), Africa (10), Australia (7)





*58 types of unique policies*



### Management, standards, and services – 807

- Vehicle emission regulation
- Vehicle retirement or replacement
- Vehicle use restriction
- Low emission zones



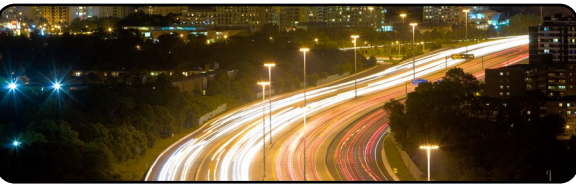
### Technology – 406

- Alternative fuel technology
- Vehicle retrofitting
- Alternative vehicle technology



### Pricing – 216 studied times

- Parking charges
- Road pricing
- Congestion charges



### Infrastructure – 210

- Bus rapid transit infrastructure
- Public and active transportation infrastructure
- Roadway development and intersection alterations



### Behavioural – 116

- Public transport mode shift and promotion
- Active transportation mode shift and promotion
- Flexible working arrangements and ride sharing



### Land-use – 77

- Development density and mix
- Transit oriented development
- Parking expansion

# Results

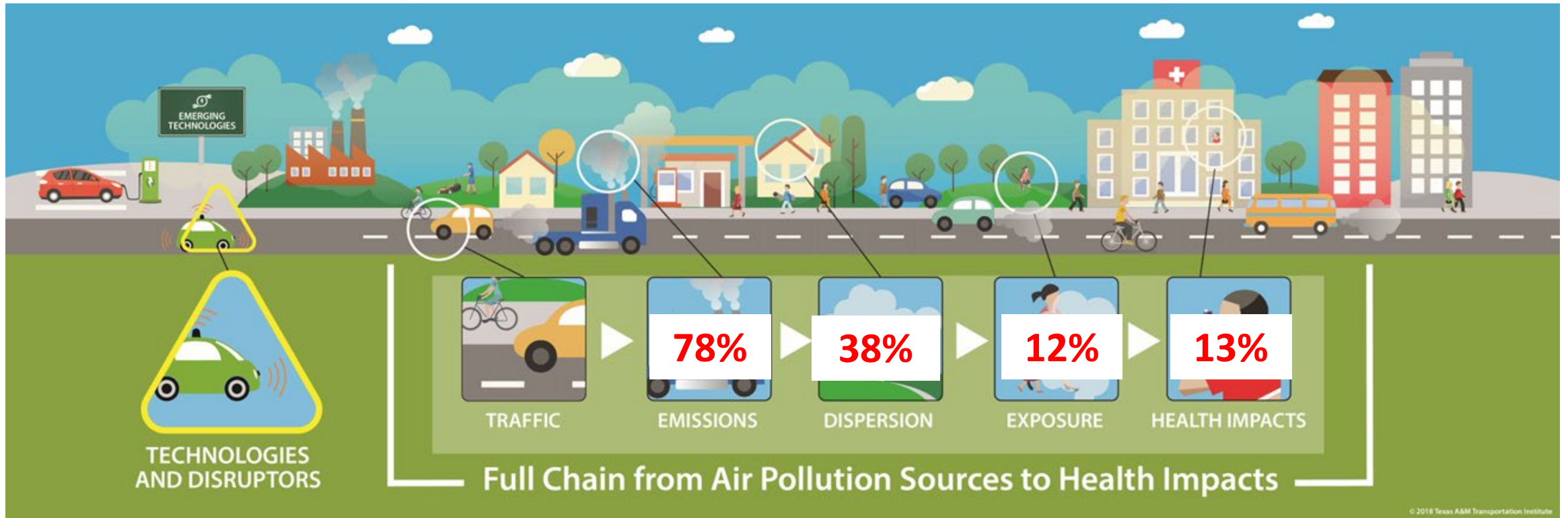
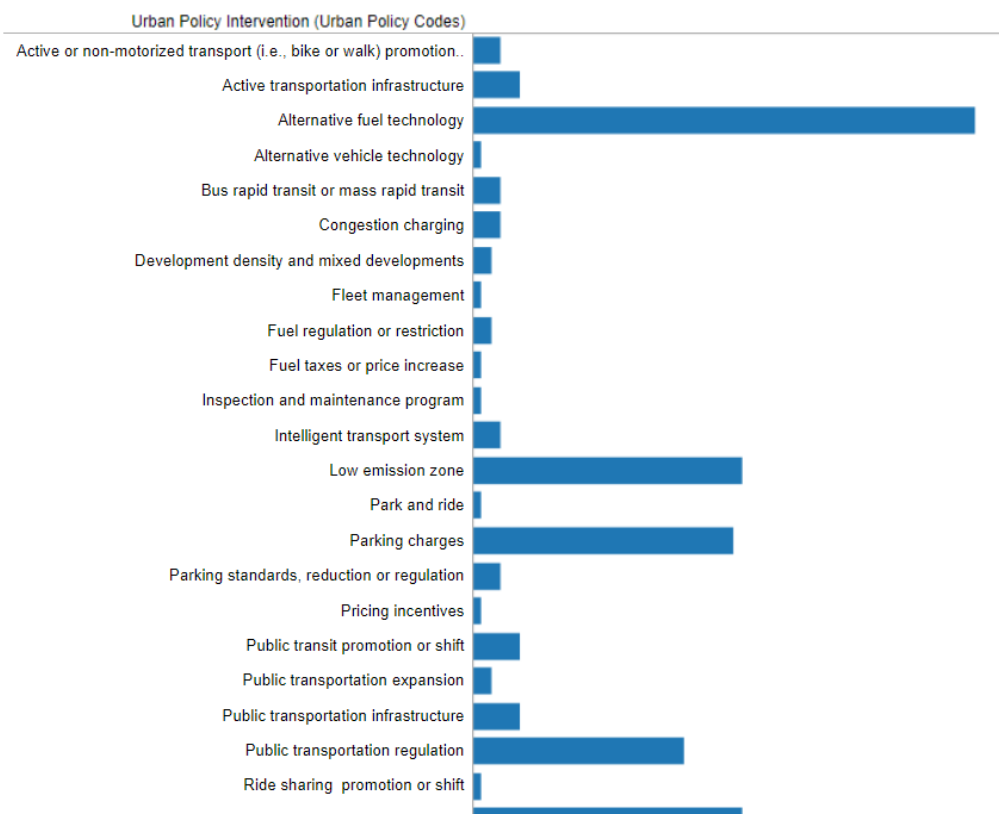


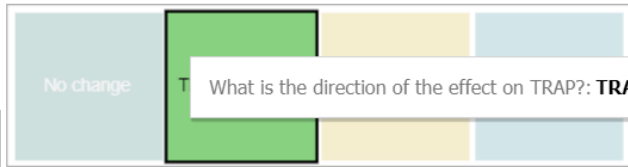
Image from carteeh.org

- 5. Policy Barriers: Frequency of policy scenarios that document each policy barrier.
- 6. Co-benefits: Frequency of policy scenarios that document each co-benefit.
- 7. Analysis Start and End Years: Frequency of policy scenarios that document each start and end analysis year.

Visual to display  
 Policy Interventions



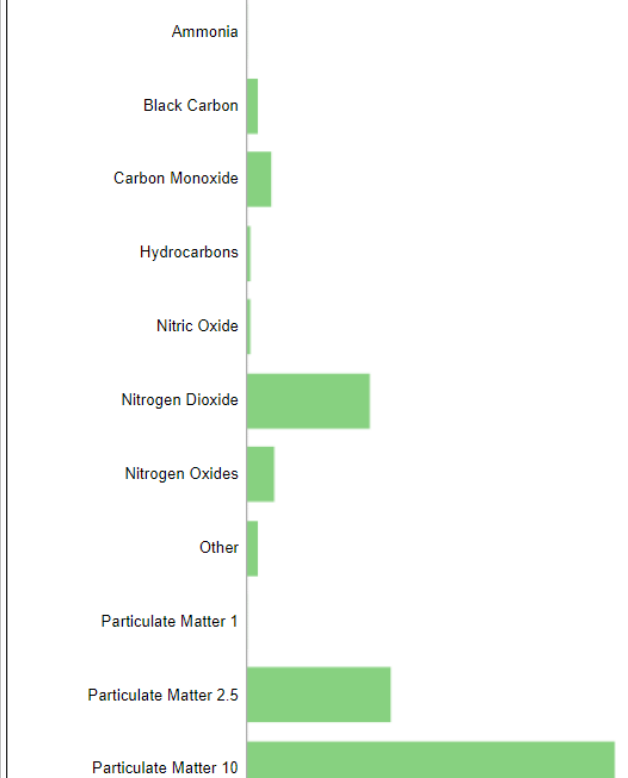
What is the direction of the effect on TRAP?



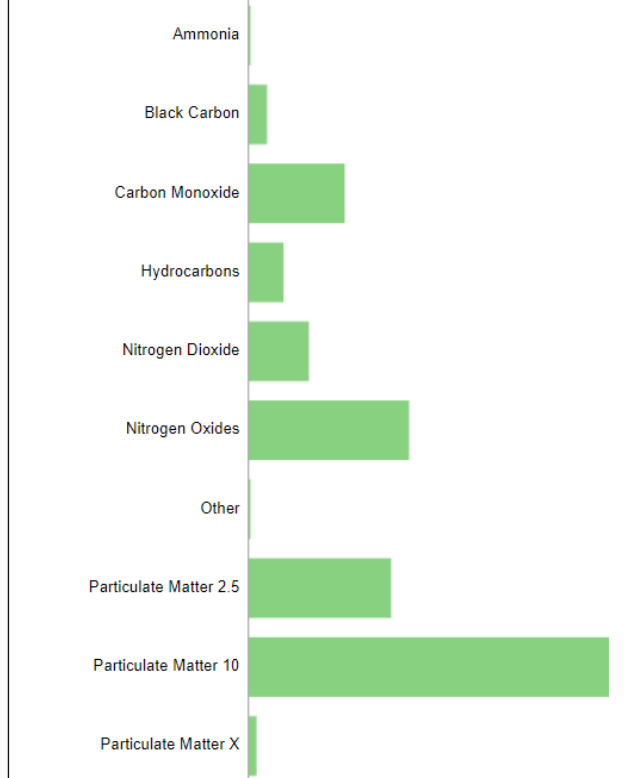
What is the direction of the effect on Traffic Emissions?



TRAP Pollutant



Pollutant





# Most studied policies with recorded emissions and air pollution reductions

- Alternative fuels technologies (n=52)
  - Bioethanol mixtures, natural gas, liquefied petroleum gas, petrol versus diesel, hydrogen
- Vehicle retrofitting (n=29)
  - Particles filters, exhaust catalysts: three-way catalytic converters, continuously regenerating trap (CRT), exhaust gas recirculation (EGR), selective catalytic reduction (SCR)
- Road pricing (n=28)
  - Cordon toll, road user charging
- Low emission zones (n=28)
  - In isolation and as part of SUMPs
- Parking charges (27)
  - Doubling parking charge

# Most studied policies with recorded emissions and air pollution reductions

- Vehicle emissions regulations (n=25)
- Public transportation regulation (n=22)
  - Improvement of bus speed + reduction of travel time
- Vehicle retirement and replacement (n=12)
- Public transportation mode shift and expansion (n=12)
- Vehicle use restrictions (n=10)
  - Odd/even day traffic restriction schemes, car free areas or days, HGV ban or recirculation incl. in rush hour, restriction on construction activities and vehicles , restriction on access to city centres

*Little published evidence on alternative vehicle technologies (n=4)*



# Packages of policies may work best

- 380 policy scenarios (33.4%)
- Development of packages of policy measures, in which each measure can be expected to support the others by making it more effective or easier to implement ([May et al., 2018](#))

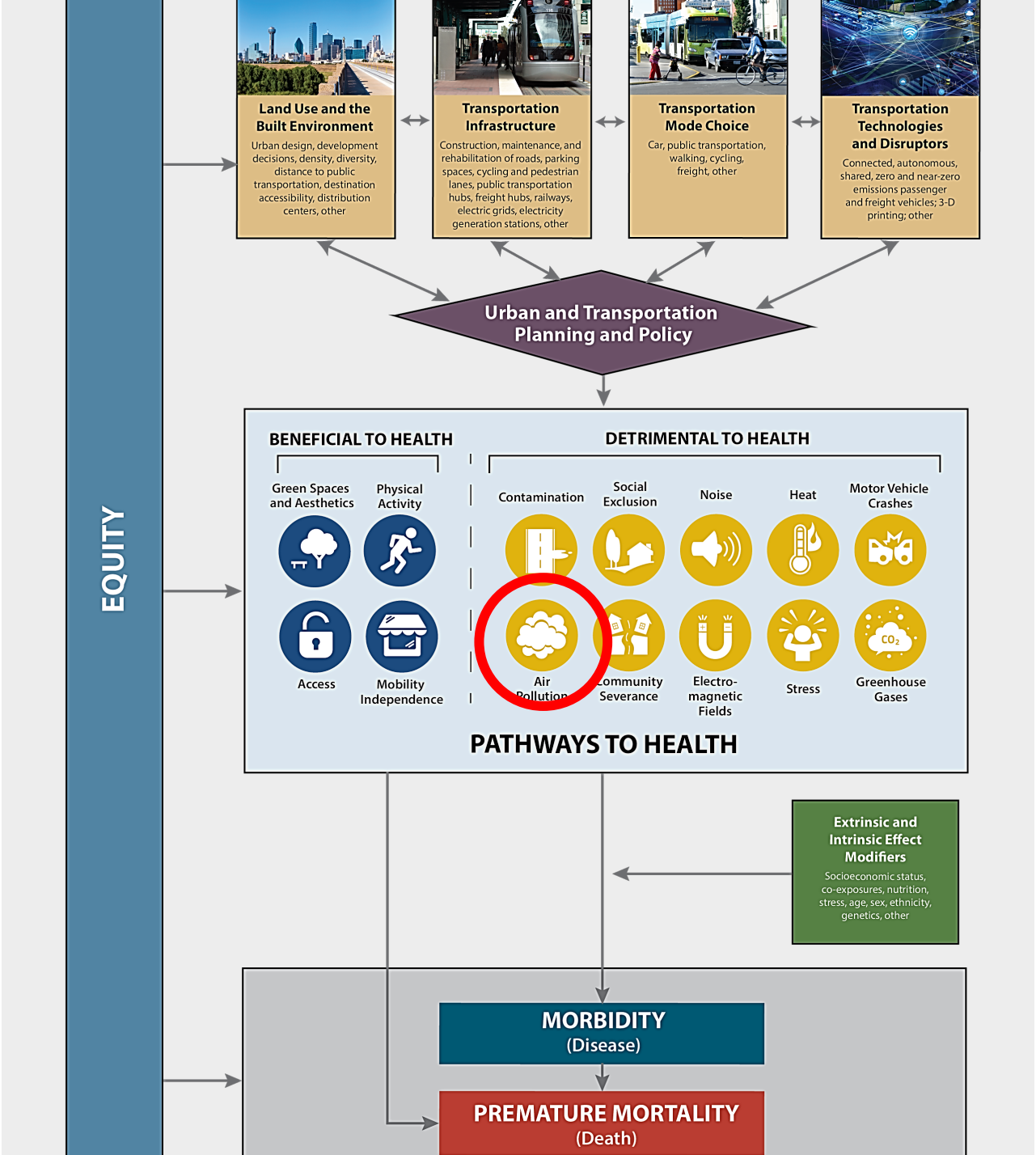




# Packages of policies may work best

- “Central and inner London inbound road user charging, all day £2 across central London, and peak charge of £2 across Inner London, Workplace parking levy throughout London of £1500 per annum, Central and inner London public parking charges doubled, 20% reduction in travel times for radial PT movements to/from central London, 50% of buses, 25% HGVs and 5% of CLVs converted to LPG, 100% of buses fitted with particle traps, Central and Inner London LEZ, allowing EURO3+cars and EURO3+CV”

# Packages of policies may work best



[Glazener et al., 2021](#)

# Multiple policies improve multiple pathways

→ land-use and behavioural policies are very promising!

- Effects of other pathways, comparable to – or with larger impact than – air pollution e.g. physical inactivity, motor vehicle crashes (Mueller et al., 2015)

## Example

- 50-70% statistically significant reduction in injuries in London Low Traffic Neighbourhoods (LTN) ([Laverty et al., 2021](#); [Goodman et al., 2021](#))
- Physical activity from walking + cycling increased by 2 hours/week in LTN residents after 2 years ([Aldred and Goodman, 2021](#))
- 5.7-8.9% ambient NO<sub>2</sub> reduction effect ([Yang et al., 2022](#))

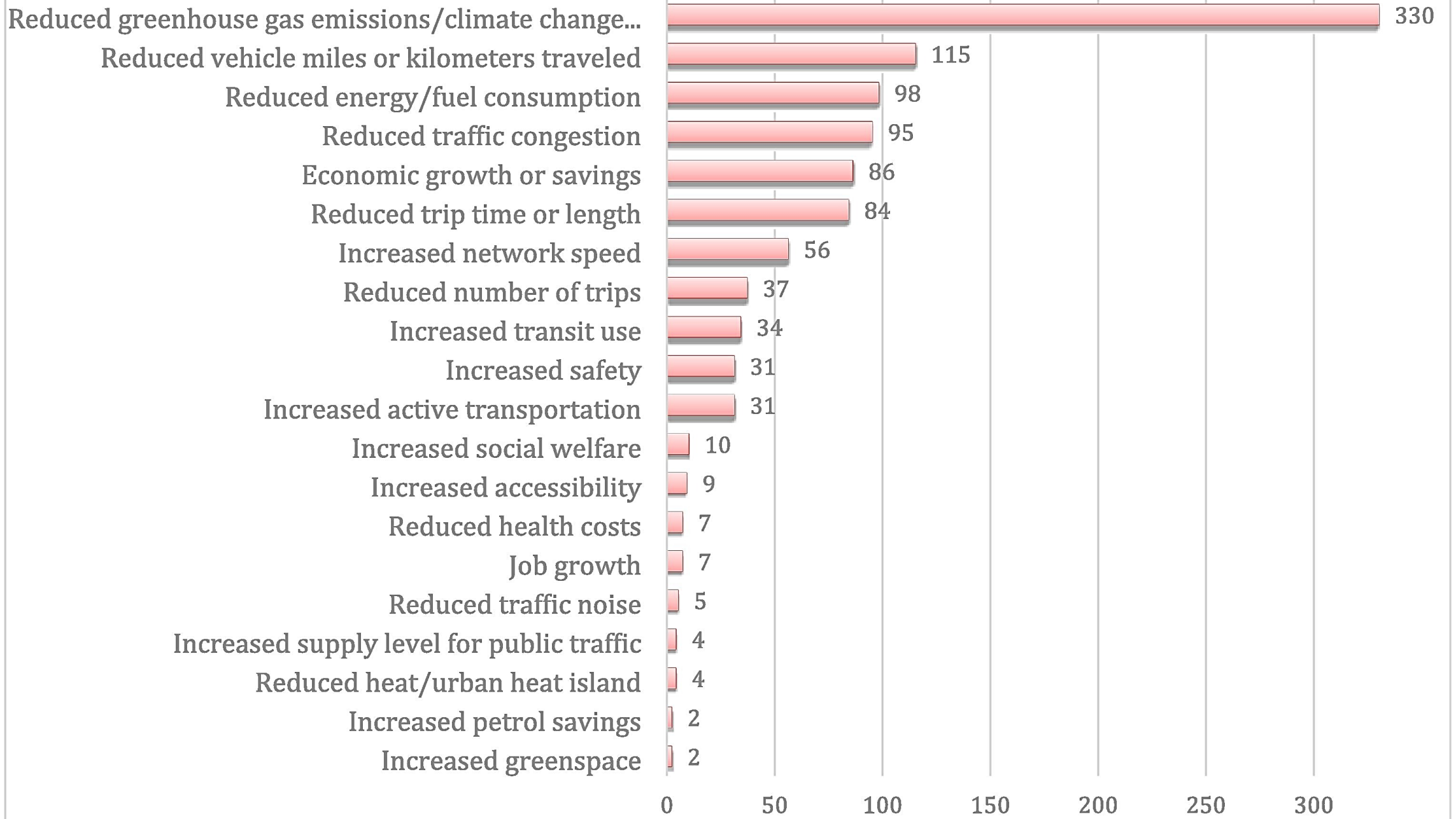


Land-use – 77

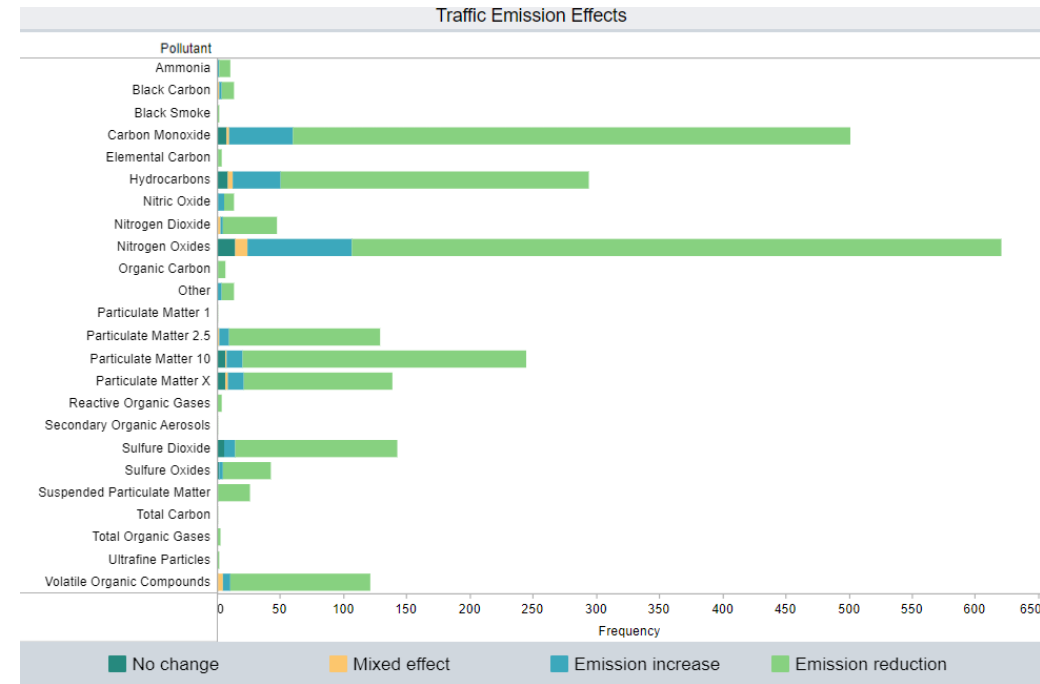
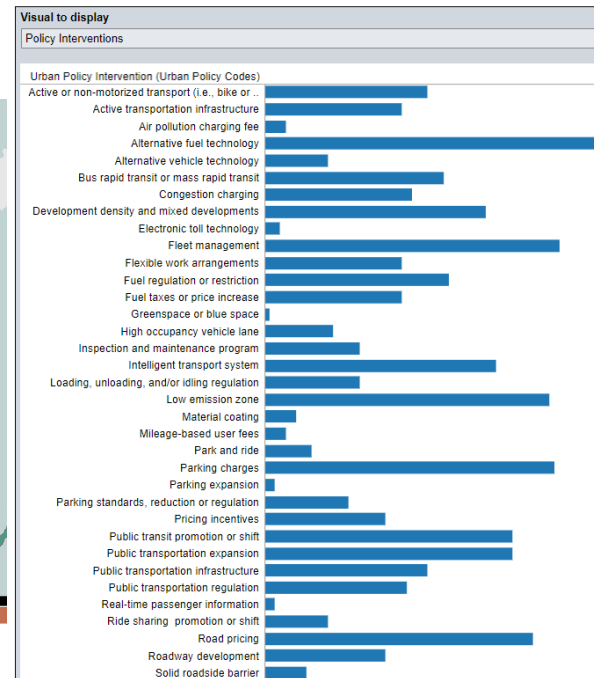
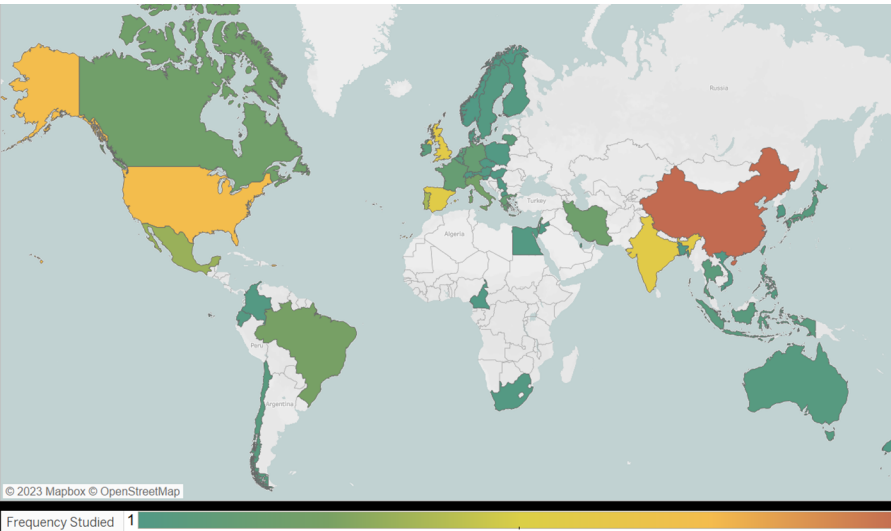


Behavioural – 116





Co-benefits Recorded (raw data included in the database): reported a total of 1,047 times in 204 unique articles



Interactive visualization tool ([online](#)) and [database](#) for decision-support



Thank you!

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New evidence map and tools launched to support policies to reduce traffic-related air pollution

February 15, 2023